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UNIVERSITY OF DAYTON

Meet SGA's President and Vice President

TAYLOR ALEXANDER
Staff Writer

Jamie Vieson and Allen Bruce approach their roles as Student Government President and Vice President with enthusiasm as they look to increase SGA visibility on campus through serving as effective liaisons between the administration and student body.

"Allen and I met through Camp Blue our freshman year, and we were in the same orientation group as well. He reached out to me during our junior year to see if I was interested in being appointed as a Senator to fill a vacancy, and I talked to him about running for Vice President when it became clear we shared a vision for the direction in which we wanted to take SGA," said Vieson.

Vieson and Bruce were elected to their roles in March and immediately began implementing that vision. Their five-point plan has internal and external goals. Chief among them is the desire to increase perception and visibility, and to bridge the gap between SGA and campus organizations.

"We are committed to attending different campus organization events and meetings so we can learn about them and give them the opportunity to learn about some of the other things SGA can do outside of funding," said Vieson. "I also want to focus on building a better relationship with the Center for International Programs because I've noticed the disconnect between domestic and international students. If we really believe in community, we need to reach out to international students who are more interested in getting involved on campus and connect them with events they might not be aware of."



Vieson and Bruce's commitment to visibility extends to administration as well as campus life; they both agree they've built a solid foundation with the school administration. "So far, we've met with Dr. Spina, and we're looking forward to working with him this year," said Vieson.

"We have real potential for a relationship in helping each other achieve our goals. The administration is open to new ideas and you can tell they really care about the students," said Bruce.

"That's really exciting," added Vieson, "because we have the unique opportunity to help administration with their goals as well."

Another key internal goal is to increase senator involvement

through advocacy. "Advocacy is essentially addressing the issues that impact students on campus," explained Bruce.

SGA senators facilitated changes on campus, like adding stop signs to busy intersections, increasing communication between Public Safety and the student body and getting more equipment at the UD RecPlex. "I want to delegate a little bit more to the senators, so they realize what they're doing is important," said Bruce.

SGA sponsors events like CultureFest, the 9/11 Flag Memorial on the Central Mall and St. Patrick's Day programming, as well as running various committees, including Dayton2Daytona, Religious and Faith Affiliates Com-



Jamie Vieson and Allen Bruce are excited to serve as the connection between UD students and administration. Photos courtesy of Jamie Vieson.

mittee and Sustainability Committee. "We'll also partner with different organizations depending on the campus climate," said Vieson, referring to the Divided but United event sponsored in part by SGA following the U.S. presidential election.

SGA elections happen twice a year: class senators are elected in the fall and the executive team, including a vice president of finance and vice president of communication, are elected in the spring. This semester's elections are Sept. 18 and 19 via OrgSync. Each student is encouraged to vote for four senators to represent their class.

Their goals might be lofty, but their expectations are realistic. Vieson and Bruce both believe in setting reasonable expectations so that projects are being completed and not left undone. "We only have a year," Vieson said, "and we want to make the most of it."

Bruce is "excited for the change

that's going to happen," and Vieson agrees. "I look forward to the opportunity to make our mark on campus. I'm just really excited for what's to come."

There are many ways to connect with SGA to raise concerns, suggest advocacy projects or get involved. SGA is on Facebook as University of Dayton Student Government Association, on Twitter and Instagram as @ud_sga and Snapchat as ud_sga2.

"If you have ideas for campus, you don't have to be a part of SGA to make those dreams a reality. There are suggestion cards to drop in the box outside of our office at KU 253, and our email address is sga@udayton.edu," said Vieson. "If you want to keep up with what we're doing, the TV screens in KU air our social media announcements, and our weekly meetings are open to the public." These meetings take place on Sundays at 6:00 p.m. in the KU Ballroom.

Discovering University of Dayton Interdenominational Ministry

MELODY CONRAD
Contributing Writer

On a cloudy Wednesday night in the Marianist Hall Chapel, a group of three dancers elegantly swept across the room, toes pointed, bodies bent and arms raised to the sky. Praising God in dance, the trio was part of the Aug. 30 kick start to UDIM's academic year.

UDIM, University of Dayton Interdenominational Ministry, is part of Campus Ministry. The University of Dayton has a tradition of providing opportunities for Protestant students to gather and worship. Starting as a part-time collaboration between Campus Ministry and the Office of Diverse Student Populations, pastoral services were provided by an African American pastor. Approximately twelve years ago, this grew to a full-time position in Campus Ministry.

The University of Dayton Campus Ministry website described UDIM as "composed of various denominations and backgrounds." UDIM serves as a place of worship for Protestant denominations and allows those on campus to express and develop in their faith.

This fall, Rev. Dr. Donna Cox, full-time music faculty and choral conductor for Ebony Heritage Singers, assumed the position of Interim Campus Minister for Interdenominational Ministry. According to Cox, she "is thrilled to be able to serve the University in this capacity." Cox has a Ph.D. and M.M. degree in performance practices, particularly in choral conducting and a masters in theological studies.

Cox talks passionately about being a "bridge between the wonderful history of UDIM," and "where it will go in the future." She teaches sacred music and worship at UD and has been involved in church leadership in a variety of Protestant denominations. People attending services will see a great mix of traditional and contemporary music and message with an "emphasis on participation by the congregation."

By blending different styles of worship, Cox hopes to engage all styles of praise while helping those in the congregation draw closer to God.

"I want to create an open atmosphere where students can freely worship," Cox said. Cox is passionate about the idea of representing the arts in worship and would love to have people who are interested in forming a praise dance team.

Aside from 6 p.m. Sunday worship, bible study is also held on Wednesday nights from 7:30 p.m. to 9:00 p.m. in the Marianist Hall Chapel. During this time, students will dive deeper into the Bible by reading, re-



UDIM gives Protestant students the opportunity to freely practice their own worship. Pictured is a prayer candle in front of stained glass windows that fill Marianist Hall Chapel. Photo courtesy of Melody Conrad.

flecting and discussing the word under the direction of Dr. Cox and the UDIM leadership team.

"It offers a safe place where you can study the Bible in a way that is practical and encourages you to grow deeper in your relationship with God," said Victoria Brown, leadership team worship chair.

Other leadership team members are Cierra Waller and Alison Gaines, co-discipleship chair, and Melody Conrad, fellowship chair. Openings still exist for ministry and evangelism chairs as well as committee members at large.

Aside from the weekly worship and Bible study, UDIM and its leadership team will be hosting a fall "Encounter" retreat Sept. 22-24 at Indian Lake. Participants will leave campus on Friday afternoon and return Sunday afternoon, spending a quiet weekend building faith, connections, and taking a break from the business of campus life. The retreat fee of \$40 covers transportation, meals, and lodging, with scholarships available to those in need of financial assistance.

As the school year begins to unfold, UDIM wants to encourage students to grow in their faith life and let their passion for Christ spread to every corner of campus. For those interested in attending or becoming more involved in UDIM, Rev. Dr. Donna Cox has one piece of advice.

"Show up!"

To find out more information about the UDIM's upcoming retreat, visit their website on udayton.edu/ministry



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Building community through Breaking Bread

LIZ KYLE
News Editor

The heavenly scent of creamy macaroni and cheese and the spicy notes from an Indian curry surrounds the students as they arrive to their first Breaking Bread dinner. The students are hungry for more than just the food, they're hungry to experience something new. Through thought provoking conversations over a home cooked meal, students will have their hunger satisfied with Breaking Bread.

Established in spring 2013, Breaking Bread is an organization sponsored by the Center for International Programs, the Office for Mission and Rector and the Office of Community Wellness Services. The program invites both international and American students to "break bread" over traditional American meals and international dishes provided by students and team members. While building a connection through food, the dinner creates a comfortable space to share dialogue about the participants' own unique cultures.

Suzanne Richardt, Assistant Director of Programming and Communications for International Student and Scholar Services and Breaking Bread coordinator, knew she wanted to be more involved with the program when she first applied for her current position.

"That was one of the things that made me apply because I love doing social programs," said Richardt, a UD alumna. "I find that cultural experiences are so valuable for me personally and I think (Breaking Bread) fits in the mission of what UD does, it's about hospitality. Breaking Bread has a big complimentary with that."

A Breaking Bread dinner series consists of three dinners total, one dinner each week. At least one dinner each week is hosted at a student's house on campus. Each group of students is led by a group of student leaders, which is a new addition to the program implemented in spring 2017. Richardt expressed adding student leaders to the mix was a success and it made the program feel like a community-based club instead of a formal school event.

One of the student leaders, Mohammad Alaqeel, wanted to participate in Breaking Bread ever since he stepped foot on campus. His stated his favorite hobby is socializing with different types of people and making friendships with diverse students. Breaking Bread was the perfect fit.

Alaqeel, a junior engineering major, traveled to the U.S. from Saudi Arabia in hopes to complete his bachelor's degree. Although he's here primarily for a college education, he views living in the U.S. as an opportunity for cultural education.



"The U.S. is a very cosmopolitan country. It's a mixture of nationalities, so I tried to come here to experience being involved in a multicultural society, to practice my english, to get a higher education." said Alaqeel.

Sindhura Nalluri, a UD graduate student and former Breaking Bread student leader, traveled to the U.S. from India for an opportunity to follow her dreams of simultaneously exploring a new place and gaining an education. Nalluri revealed the struggle international students face trying to push themselves out of their comfort zone within the U.S. She found comfort within Breaking Bread.

"As I'm a foreigner here, I see people like me often exhibit timidness of taking an initiative to interact, I wanted to break that bridge in my case," said Nalluri. "Trust me, I had the best time so far and [the Breaking Bread student leaders] jelled together like a family."

Ali Altomare, a senior human rights studies major, works for the Office of International Student and Scholar Services as an activities coordinator. She views Breaking Bread as a way for both American and international students to learn and connect in a casual setting. It gives students the confidence to share a meal and meet students they otherwise would not have met.

"Breaking Bread is an informal, comfortable setting to realize how similar we all are," said Altomare. "It's great to make friends with someone who grew up halfway around the world, plus it's great food."

Within the UD curriculum, students are exposed to courses designed to open their view on the world. Through casual, yet thought provoking conversations, Breaking Bread gives students the opportunity to learn outside of the classroom. Richardt views Breaking Bread as the perfect activity for students to expand their understanding through a new channel.

"We've been building a global perspective into students no matter what major you are," said Richardt. "It's a new opportunity in a non academic setting to learn through relationships."

Breaking Bread is a Marianist program that prides itself on upholding Marianist values. Although Marianists values are the underlying theme of the program, Richardt makes it clear that the program isn't a retreat or an exclusive spiritual activity. Everyone is invited to attend if they are interested.

The October Breaking Bread series will take place on Oct. 11, Oct. 18 and Oct. 25 from 7:30-9:30 00p.m. Each Breaking Bread dinner will be held at 461 Kiefaber St. To sign up, visit go.dayton.edu/breakingbread. For more information, email Suzanne Richardt at srichardt1@udayton.edu

Photos courtesy of Ali Altomare

UD reacts to DeVos' announcement of sexual assault guidelines review

EMMA KAPP
Staff Writer

U.S. Secretary of Education Betsy DeVos caught the attention of college campuses around the country Sept. 7 with her announcement to review and rewrite sexual assault guidelines previously set forth by the Obama administration.

In her statement, DeVos expressed her disapproval for the current process for how sexual assault cases are handled, saying that the policy does not give due process to those accused.

In 2011, the Obama administration created guidelines and standards for how colleges and universities should deal with sexual assault allegations, according to CNN. In the memo, referred to as a "dear colleague" letter, schools were reminded of their legal obligation to pursue sexual assault allegations and further provided guidelines for investigations and hearings.

While DeVos did not make clear how the existing policy would be changed, she did confirm to CBS News that the department is already beginning to roll back Obama-era Title IX guidelines.

"As I've said earlier, in all of

this discussion, it really is a process not an event," DeVos told reporters.

Title IX has been a long-standing part of the process for sexual assault cases. According to its website, Title IX was passed in 1972 as a way of trying to combat gender discrimination. Under Title IX, gender equity is required at any educational institution that receives funding from the federal government. Sexual assault and harassment falls under the provision of Title IX.

Several people spoke out against DeVos and the department following the announcement, including former Vice President Joe Biden. Biden made sexual assault prevention a priority during his time in office and had a huge influence on the "It's On Us" initiative. He called the announcement by DeVos "a step in the wrong direction." Biden went on to say, "...any change that weakens Title IX protections will be devastating."

Some organizations, however, praised the announcement. CNN reported that the Foundation for Individual Rights in Education, or FIRE, said it was happy to see movement toward changing the

enforcement of Title IX, which "is fundamentally broken."

As all this controversy plays out within the federal government, many questions remain. Namely, how could this change in policy affect college campuses, particularly at The University of Dayton?

While no one can say for sure what the future holds for this policy, UD already has several people and programs working to prevent sexual assault and uphold the values of the school.

Amy Zavadil was hired by the University in Jan. as the Title IX coordinator and equity compliance officer. According to the UD website, Zavadil's job is to make sure the university community is a welcoming place for all while being in compliance with Title IX.

"UD draws students from around the world, so it is important that, as we talk as a Marianist institution, we provide a community of inclusion regardless of identity," said Zavadil.

In response to the potential changes to guidelines for handling sexual assault cases, President Eric Spina released a statement that reaffirmed the University's commitment to a fair investigation and support for survivors of



Graphic by Ria Gordan/Staff Graphic Designer

sexual violence. He noted that discrimination goes directly against the University's Catholic and Marianist traditions and therefore has no place on campus.

"The University will monitor the national discussion closely and consider offering input during the Department of Education's public

comment process," Spina wrote.

Zavadil echoed the sentiments of President Spina when talking about the future.

"Many of the concerns Betsy DeVos mentioned are things we already address," Zavadil said. "We are committed to prompt, equitable and thorough investigations for every case."

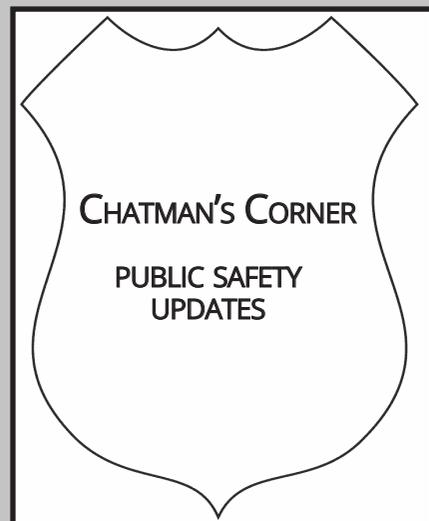
Student groups such as PAVE also play a major role in educating students on sexual violence. According to its website, PAVE, or Peers Advocating for Violence Education, seeks to inform the community about sexual violence prevention through programs such as Red Zone training, Escalation workshops and PAVE chats. Members of PAVE help to promote a safe campus for all students and are crucial to the University's efforts to prevent sexual assault.

Green Dot training aids the University in creating a nondiscriminatory and safe campus as well. According to the University website, a Green Dot is any action that makes the community safer. This includes promoting awareness of Green Dots and taking an active vocal role in creating an inclusive community. Multiple training sessions are held throughout the school year for students, faculty and staff.

Although the future guidelines for how campuses handle sexual assault allegations are foggy, one thing remains clear: The University of Dayton has pledged to remain committed to its Marianist values and will promote a campus inclusive of all people.

WEATHER

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Substation

Come meet UD Police in the neighborhood! Engagement and two-way communication is a critical element in the manner in which we deliver police services. We will have a police officer in 461 Kiefaber St. on Sundays from noon to 1 p.m. and Mondays from 9 p.m. to 10 p.m. We invite and encourage you to stop by during those hours to address safety concerns, file reports or simply have casual conversation.

Distracted Walking

Officers have observed numerous incidents of students not paying attention to their surroundings and putting themselves at risk while they are walking around campus. In several cases motorists have stopped officers to complain about the unsafe behavior. Examples of unsafe behavior include walking through parking lots or in the street while wearing earbuds, being distracted by electronic devices, and not looking for traffic before stepping into the street. The University of Dayton is a pedestrian heavy and congested area; please be aware of your surroundings and pay attention to traffic when navigating the campus and surrounding areas.

The college student's guide to what's happening in Venezuela

SEAN NEWHOUSE
Staff Writer

On Aug. 11, President Donald Trump said he wouldn't rule out a military response to the political conflict in Venezuela. The New York Times, and many other news organizations, reported that a U.S. military operation in Venezuela would be unlikely. With a country in crisis, it's often questioned what the next step will be in order to restore the peace.

Deadly mass protests in opposition to President Nicolás Maduro are occurring in Venezuela. The protesters are fighting against Maduro's plan to rewrite the Venezuelan Constitution through the newly created National Constituent Assembly.

A nationwide vote held on July 30 asked voters to elect members to the assembly. It did not give Venezuelans the ability to vote against a constitutional rewrite.

Many Venezuelans chose not to vote believing it was a political move by Maduro to grant himself more power through a new constitution. Nonetheless, the Maduro administration claimed the vote was valid by citing an inaccurate voter participation statistic that made it seem like he had significant public support.

Maduro received worldwide condemnation in response. On Aug. 25, the U.S. announced sanctions against Venezuela. The White House said in a statement, "The Maduro dictatorship continues to deprive the Venezuelan people of food and medicine, imprison the democratically elected opposition, and violently suppress freedom of speech."

"I'm glad we are taking strong action against the continued abuses of the Maduro regime," Dr. Anthony Talbott, political science lecturer and Interim Director of the Human Rights Center, said in regards to the sanctions.

However, Talbott also believes the sanctions are too broad, potentially causing more harm to common Venezuelans than to Maduro and his allies.

"Narrowly-targeted sanctions against individuals in the regime could be effective," Talbott suggested as an alternative to broad sanctions.

This is not the first time Maduro has attracted international attention. According to Vox, Maduro's administration either



Venezuelan citizens erupted in protests when President Nicolás Maduro pledged to rewrite the Venezuelan Constitution through the National Constituent Assembly. Maduro is pictured above. Photo courtesy to Marcelo Garcia.

arrested or forced out multiple opposition figures since he gained power in 2013.

"Venezuela is a clear case of state-sponsored terrorism and the US must be consistent in our approach to those who terrorize and commit crimes against humanity against civilians," said Dr. Natalie Hudson, Director of the Human Rights Studies Program.

The current mass protests are also affected by decades of controversial reforms in Venezuela. Hugo Chavez, Maduro's predecessor, was a popularly elected socialist president from 1999 until his death in 2013. During his presidency, the government subsidized multiple programs to aid the Venezuelan poor. The subsidies were funded by Venezuela's lucrative and state-owned oil industry.

Venezuela's relationship with the U.S. deteriorated under Chavez's presidency. The CIA World Factbook describes Chavez's administration as a government that exercised authoritarian control, worsened democratic institutions, limited the

freedom of the press and committed human rights abuses. Chavez's hand-picked successor, Maduro, is leading a similar administration.

"...the Maduro regime is guilty of gross violations of human rights and crimes against humanity," Talbott said.

However, unlike Chavez, Maduro ended many programs that helped the poor. Due to the recent global drop in oil prices, the Venezuelan government could no longer afford many of its social welfare programs.

Venezuela also is experiencing triple digit inflation, the highest in the world, according to PBS.

As a result, food and medicine are too costly for Venezuelans to purchase. Hudson said that 39 million Venezuelans are "in very dire circumstances." It's estimated that 82 percent of the population lives in poverty.

Violence spiked in the country, as well, which concerns Hudson who said, "... there is a very real danger that (the vio-

lence) could escalate and spill over into other Latin American countries."

A female anti-government protester featured in a Vox news video tearfully said, "I will always be on the streets fighting for my kid's freedom." Another protester said, "I've spent the past months protesting. For my family, for food, for the people."

These protesters are fighting against a regime that they believe is more interested in keeping its power than addressing the issues plaguing the country.

"Venezuela is a resource-rich country that should be a strong force for democracy, development, and stability across Latin America," Talbott said.

If given the opportunity, Talbott said he would tell Maduro, "When you became president, you took an oath to protect your people. Think about how your actions are harming them instead."

"This political crisis...is all happening in the Western Hemisphere – 'in our backyard,' said Hudson. "The international community has a moral obligation to act."

PORCH PROFILE

The Women of 328 Stonemill



Front: Samanta Bagdasarian, Emily Haynes, Olivia Thomakos Back: Victoria Young, Mallory Vild, Lauren Durnwald. Christian Cubacub/Multimedia Editor.

HILLARY HUNT
Staff Writer

FN: How did you all meet?

TY: We all lived on the same floor our freshman year. The Core floor.
OT: Five Northwest.

FN: What is on your bucket list for this semester?

TY: Oh! Great question. Should we just show you our list?
LD: I added something this morning.
MV: We want to try DD's.
MV: Camping. We want to go camping.
TY: More specifically in the side yard.
MV: I feel like it's just going to be a year of adding to the list, but then never actually doing anything of it.

FN: Do you have any house traditions?

TY: Fam dinner. Typically on a Friday night because that's when most people are here.
Whoever wants to cook usually just does. We're on a volunteer basis now.

LD: Or we'll just order in.

MV: I feel like it all went downhill after I tried to make the Mummy dogs.
LD: Yeah, those were gross.
MV: Then I tried to do Tofu Dogs, and that was even worse.

FN: Where do you see yourselves in 10 years?

OT: Emily will be working for women's rights. Or President.
TV: She can't be the President in 10 years.
LD: She'll change the rules.
MD: Hopefully still seeing each other.
LD: Emily is the only one I have hope for.
TY: Mallory will be a doctor of her choosing.
OT: Sammi will be an accountant.
EH: Olive will be one of those hip high school English teachers who wears cool maxi skirts and has her ears triple pierced. And Lauren will be helping all of the underserved people in the world at once.
OT: Tori will have probably started a non-profit.

FN: What's your most embarrassing moment at UD?

LD: I'll start this one off. One day sophomore year, I parked my car behind the loading dock at VWK to drop something off, and I was going to go back and move into a parking spot, but I never did. So about a week later, I remembered, and I had over \$100 of parking tickets. So, I called the office, and I only had to pay for one.
TY: The thing is she wasn't even in a parking spot, she was just there- for a whole week.
OT: I can't say mine.
MD: Olive fell down the stairs in slow motion. She didn't trip on anything though.
TY: There was also that time Olive said she didn't like Chick-Fil-A because she doesn't like burgers. Or when she said she didn't like political science because she's not good at science.

FN: What is your favorite part about being a student here?

TY: All the opportunities that have been offered to us. Most of us have

studied abroad and have had internships.

OT: Everything is really personal. There's help to get you where you want to go. If you make yourself known to professors and advisors, they're more than willing to help you.

TY: Just the people here, in general, are the best. You don't even want to go home on breaks and stuff because you want to be with the people here.

LD: I think the people help you figure what you care about, and who you are.

MD: What makes Dayton Dayton is having the six of us. All the people are great, but we're the best (just kidding).

TY: Living in the neighborhood is really great too.

EH: Also, we have mac and cheese bar, and you can get a huge variety of cheeses on top of your meal. It's amazing. They have gouda.

FN: What advice would you give to underclassmen?

SB: Start your bucket list as soon as

you get here.

TY: Keep your door open. That's how we all met each other.

OT: Be kind to the maintenance man. And get outside the UD bubble.

MD: Go to green dot training.

OT: Get special interest housing.

LD: Don't waste your meal plan money.

TY: Feed upperclassmen.

EH: Come to our house and buy us mac and cheese bar.

LD: Play intramural sports, even if you're really bad at them.

**WANT YOUR
HOUSE TO BE
FEATURED?**

EMAIL A&E EDITOR
CARI ZAHN AT
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An homage to the '80s: "It" brings excitement to the big screen

BRETT SLAUGHENHAUPT
Movie Columnist

To say that we needed a movie about a scary clown that causes terror upon everyone it encounters would be a bit of an overstatement. However, it did shake up the movie-going experience leading to a massive, record-breaking opening weekend.

Strong marketing that contrasted the dull end to a summer of underperforming movies gave way to a \$123 million opener. "It" is a bonafide success and good to boot, even if it isn't very scary.

The filmmakers involved with "It" had the supreme task of adapting Stephen King's epic 1,138-word novel to the screen. Directed by Andy Muschietti ("Mama") and written by Chase Palmer, Gary Dauberman, and Cary Fukunaga (who was originally going to direct), we get a film that is one part coming-of-age story, one part horror flick and one part homage to '80s films.

These three parts don't always come together in the best interest of the film, but individually they offer strengths. When they finally mesh, it gives way to an intriguing and uncomfortable film.

One particular bloody bathroom scene nicely recalls "A Nightmare on Elm Street" while also acting as a metaphor for the changes the teenage character is experiencing through puberty.



Photo courtesy of Vimeo

While the novel spans many decades, the film opts for a more straightforward story. Our story is set in 1989, centered on the Losers Club's first interaction with a shapeshifting demon whose main form is Pennywise, the dancing clown.

Our first introduction to Pennywise is in the infamous storm drain after a young boy named Georgie loses track of his paper boat.

Bill Skarsgård plays Pennywise with a mix of childish comedy and manic

creepiness that is made all the more astonishing by amazing makeup.

The tension built up throughout this interaction is soon deflated by cheesy graphics that offer a look into what the film's biggest flaw will be: trying to show us too much.

We soon learn that Georgie is not the only child in Derry, Maine who has gone missing- assumedly by Pennywise.

It is up to a group of seven misfit friends - one being Georgie's older

brother, Bill - to challenge this demon that haunts their town every 27 years.

Each kid has their own individual run-ins with this demon, taking the shape of their biggest fears. This segment of scares plays almost entirely one after the other, so we quickly become desensitized to the inevitable jump scare.

Individually though, these scenes could be fairly effective with more set up and flow between each kid.

Not to mention the fact that a tilted frame can only induce so much "hor-

ror" after the millionth usage in 10 minutes of screen time, not to mention the entire 2 hours and 15 minutes.

The Losers Club is really what "It" rests its shoulders on the most. The chemistry between each kid reflects '80s classics like "E.T.," "The Goonies" and King's own "Stand By Me," and the script doles out enough personality for each of the seven so we truly care about what they are going through.

Their trials blend the supernatural horrors with the day-to-day drama of both the demonic Pennywise, as well as the more realistic bullies and family problems.

Sophia Lillis is a standout as Beverly, the sole girl of the group, as she exhibits raw emotions in the face of terror at home and outside of it.

Skarsgård's portrayal as Pennywise is another notable feature, perfectly off-putting and never tired, regardless of how many times we encounter him in the same situation.

"It" never maintains a steady level of dread due to some sloppy creative elements, but overall the film is a successful piece of work.

We are given a full story that leaves just enough of an open door to keep us wondering where they can take us next. That's what makes the "Chapter One" end credits title all the more exciting.

Local movie times can be found online at movietickets.com.

Rock Americana group tours to promote newest album

CARI ZAHN
A&E Editor

JD & The Straight Shot is a band that focuses on "great songs and great storytelling," according to Marc Copely, the band's frontman. The band primarily creates rock Americana music with acoustic roots, though you may hear some different sounds in the mix.

Copely wears many hats when it comes to music-making, functioning as the band's lead guitarist, vocalist, music director, mixer and producer. He spoke fondly of JD's new album, "Good Luck and Good Night."

Having mixed it himself, Copely combined influences from bluegrass to rock in varying degrees to create the all-acoustic album. The album released on Sept. 15. It is their sixth studio album.

The genesis of the band can be traced back for years, but the version of the band containing its current members runs off of what Copely calls a "special synergy" that is present in their music and all of their performances.

Other members that contribute to the cooperative include lead vocalist Jim Dolan, fiddler, violinist and vocalist Erin



Photo courtesy of Renee Harrison

Slaver, bassist and vocalist Byron House and percussionist and overall noisemaker Shawn Pelton.

Fans of Three Dog Night may enjoy

this band's cover of "Shambala," which Copely cited as one of his favorites.

"It's always a challenge doing a cover of an amazing song and performance,

and this song certainly offers us a fun challenge," Copely said.

The band has a steady flow of music of their own creation as well, and at-

tempt to tell a story with each of their songs, which should especially appeal to other writers and storytellers.

However, the eclectic mix of influences the band lists as their inspiration has listeners bound to find something they like. From Pink Floyd to The Beach Boys to The Beatles, the band pulls their sound from several genres and styles, allowing for everyone to hear something that they like.

Attendees of their current tour can expect to hear much of their new album alive, and it is a lively performance at that.

"We try our best to stay positive and have a good time with our songs," Copely said. "We'll be ready to rock the stage and would love to see some UD students in the audience moving and grooving along with us."

JD & The Straight Shot will perform before the Doobie Brothers on Sept. 23 at Rose Music Center, 6800 Executive Blvd. Huber Heights, OH at 8:00 p.m. Doors open at 7:00 p.m. Tickets are available for purchase at rosemusiccenter.com.

"Good Luck and Good Night" is available for streaming on Amazon Prime Music, Spotify and iTunes.

UD alumnus releases debut novel, tells a dark crime story

ROSE RUCOBA
Staff Writer

Chris Irvin, a UD alum and writer, is releasing his new novel, "Ragged; or the Loveliest Lies of All," on Oct. 3. "Ragged," a crime story, takes place in a world of anthropomorphic animals.

It tells the story of a family of dogs—Cal, Winifred, and their two pups. When Winifred dies of a mysterious illness, Cal embarks on a journey to find the cause of her untimely death.

Irvin said he chose the unusual topic of anthropomorphic animals because it has always been a love of his.

Irvin was inspired by authors such as Beatrix Potter and by works such as "Black Sad" as a child, and he mentioned both Wes Anderson's "Fantastic Mr. Fox" and Disney's "Zootopia" as more recent examples.

When asked why anthropomorphic animals fascinate him, Chris replied, "Once you have the audience onboard with animals wearing clothes, everything is believable. They can have outlandish personalities. Everything just works."

"Ragged" covers a lot of dark themes, but Irvin said he wants readers to interpret the story how they want. If there was one thing he wanted readers



Photo courtesy of Chris Irvin

to get out of his story, though, it's the message of community.

"Everything I write deals with family," Irvin said. "Everything in the book boils down to the community and family ties. It's very UD-like."

Irvin, however, has not always been the crafty crime storyteller he is today.

He grew up loving to read, but majored in entrepreneurship at UD and did not even think about writing until he took an English course called literature of the occult his senior year.

Irvin moved to Boston in 2009 where he decided to enroll at Grub-Street, a nonprofit creative writing school.

Since then, Chris has published three other works: a collection of short stories, "Safe Inside the Violence," and two novellas, "Federales" and "Burn Cards." "Ragged" will be his first published novel.

Regarding promotion for the novel, Irvin said he would have a launch party in October when the novel is released, but also plans to go on a book tour. He also plans to attend Voucher Con, a crime mystery convention that will be held in Toronto.

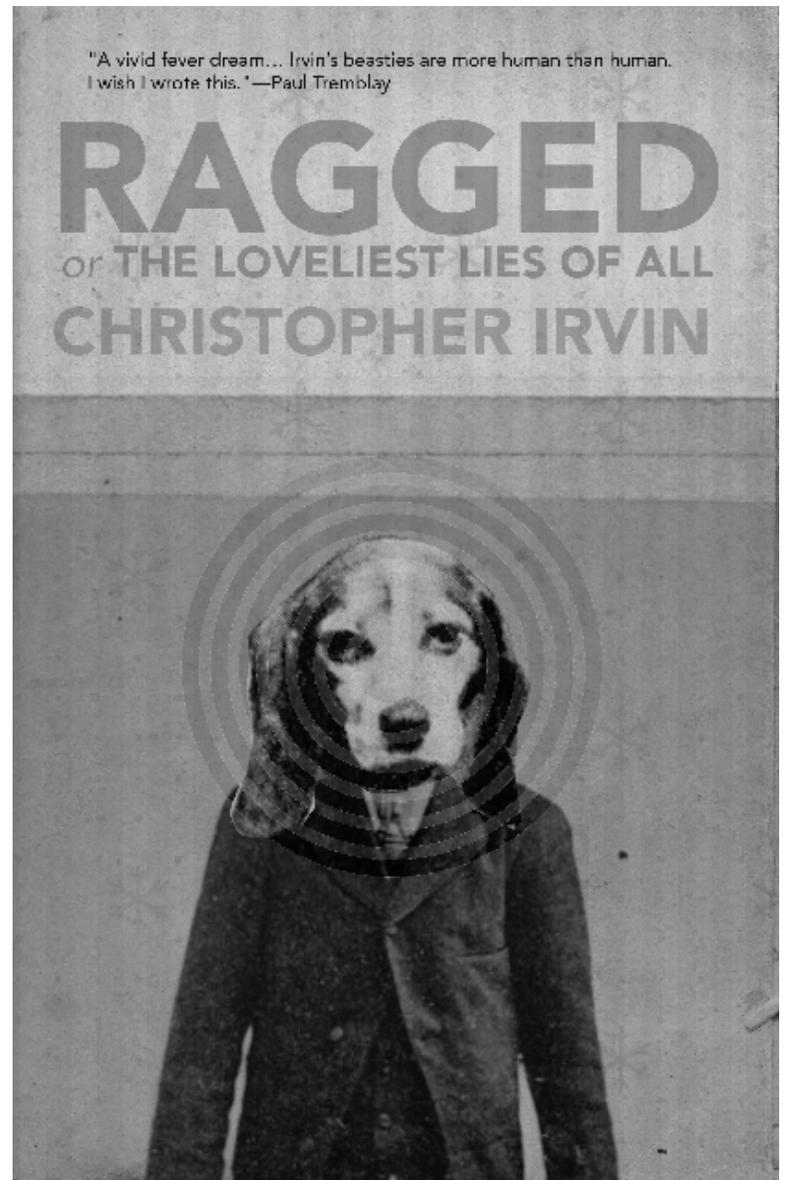
In the future, Irvin said he plans to continue the story of "Ragged" with two new works. The first will be a novella set in the same world

as "Ragged" with one of the novel's minor characters as the focus, and the second novel will be about another character in "Ragged," set in what Irvin calls a "Londonesque setting."

Needless to say, readers have a lot

more to look forward to in terms of Irvin's work.

Irvin leaves advice for aspiring writers, "I'm a firm believer in the 10,000 hours concept," Irvin said. It's really rewarding once you get into it."



Cover art by Matthew Revert



Illustration by Conor Nolan

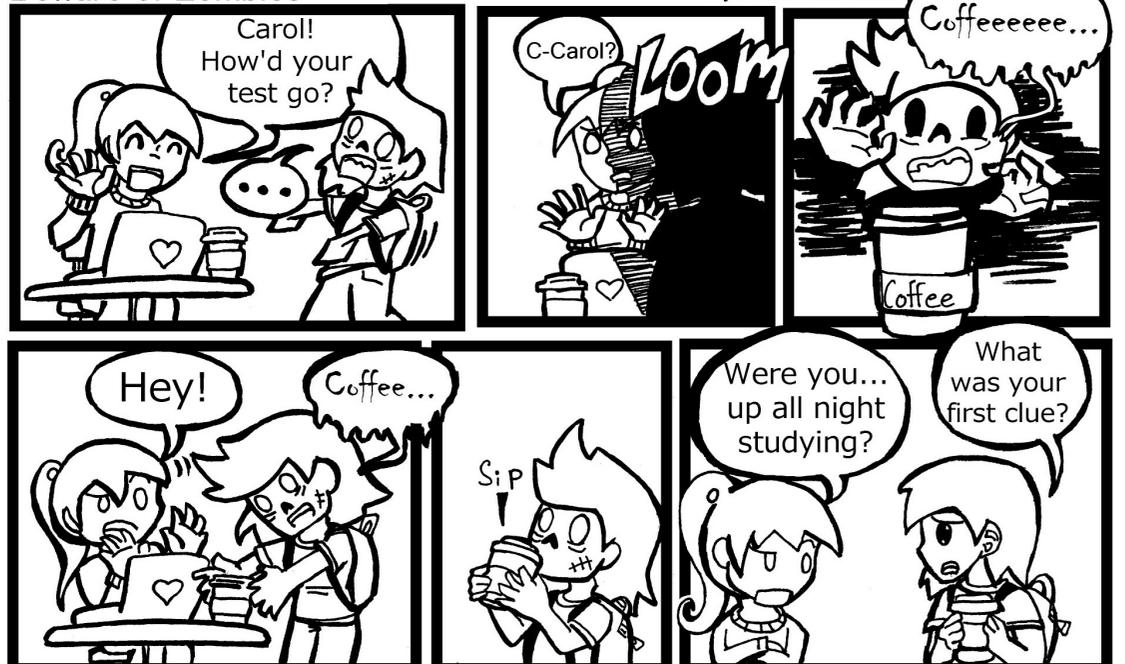
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Beware of Zombies

By Amber Del Vento



JACLYN MARTIN
Staff Writer

Like most college students, Mary Cregan is still trying to figure out exactly who she is and who she wants to be. However, instead of silently suffering through the anxiety-inducing experience of growing up, Mary focuses that wide confusing spectrum of thoughts and emotions into her art.

“My art is all mainly about the self,” Cregan said. “In my opinion, it’s mostly self-portraiture, even the stuff that isn’t representational or objective. I work a lot with text... as well as a lot of figure work. To me, everything is kind of examining the self and selfhood, and the day-to-day interactions that make up your being.”

Looking at Cregan’s work, it’s easy to see what she means by self-portraiture. While some pieces depict Cregan’s physical body, others include bits of text that offer more insight into what the piece represents. Each one is like a screen grab from a particularly trippy film.

Once you see them all together, you get the sense that you’ll finally be able to make sense of it all, but you won’t. Which is precisely the point.

A recurring theme in Cregan’s work is her journey of self-discovery, which hasn’t always been an easy one. Cregan began her freshman year as a discover arts major.

“In high school, people kept encouraging me to go to art school, but I just couldn’t do it,” Cregan said. “I couldn’t stop myself from doubting my own abilities. It



MARY CREGAN

wasn’t until my roommate made me realize I was being stupid that I actually took the leap and switched my major to fine arts.”

As a senior, Cregan’s journey to finding herself has collided with her journey to decide what she will be doing post-graduation. As of right now, she has no definite plans but knows where she’d like to end up.

“I used to think I wanted to go to graduate school immediately after graduation, but now I’m more open to the idea of exploring my art further before I apply to any programs,” Cregan said.

In the meantime, Cregan is spending her time working on her art and interning at the Blue House Gallery, an art gallery run by University of Dayton art professors, Nick Arnold and Ashley Jonas.

“Working there has been a really great experience for me because I’ve gotten to meet some really amazing artists and see firsthand the incredible work they’ve created,” Cregan said.

On top of her internship at the Blue House Gallery, Cregan is also working with another University of Dayton art student, Meme Miranda, on a show that will open in

November at the Front Street Gallery in downtown Dayton.

The show will feature pieces from both artists and will focus on the health, both mental and physical, of college-aged women.

When asked about the show, Cregan said, “We don’t really have a name yet, at least not one that’s set in stone, but I think it’s gonna turn out really great.

Meme and I are both conceptual artists who like to use our personal experiences to inform our work, and I think that’s really going to show in the final exhibit.”

Although Cregan’s work is focused on the self, she hopes that it will encourage her audience to engage in self-reflection and come to terms with aspects of themselves that they’d rather pretend never existed.

By putting her innermost thoughts and desires out there for the world to see, she hopes to encourage that kind of vulnerability in others, or to at least let them know that being a complicated mess of thoughts and emotions is one of the great privileges of being human.

“I think the idea that we have to

THE ARTIST



Photo courtesy of Mary Cregan

know exactly who we are is ridiculous to me,” Cregan said.

“Nobody knows themselves completely. We’re all constantly changing all the time, and there’s nothing wrong with that. Person-

ally, I think it’s pretty amazing.”

You can view Cregan’s work on her Instagram account: [@radmaryrose](#), or her website [www.marycregan.wixsite.com/marycregan](#)

THE ART



Photos courtesy of Mary Cregan



forum

FINDING SOLITUDE

Inner peace and outer growth

KATIE SHEEHAN
Staff Writer

Why should you take time for yourself during your college years? I'm sure you've heard from college students, graduates or even your parents that college flies by. You've probably also heard that college is when you find yourself. Whether or not you have experienced it yourself, both are true.

Four years can feel like four months, and you don't want graduation to come before you're ready. Rather than just letting your college years fly by, make it a priority to make the most of your time on campus. College is an influential part of life, and taking time to for yourself enables you to be and do better in every aspect of your experience.

Taking time for yourself has numerous benefits- all of which are especially useful in a college environment. In an environment like none other, it's easy to get swept up and feel as though you are only going through the motions.

First year, you are surrounded by thousands of students who have just graduated from high school and are on their own for what is probably the first time. While your parents are only a phone call away, they are most likely a couple hours driving distance.

With this distance and freedom comes the expectation of making your own decisions. Starting easy, decisions entail only having to think about what to eat at the dining hall or what time to wake up before your first 8 a.m. As decisions become increasingly difficult, eventually you find yourself stressing over how many extra curriculars and on-campus employment opportunities you can handle.

Prioritizing time for yourself can bring a greater sense of clarity in decision-making, allowing the days go by with a little more ease.

At the collegiate level, taking even a moment to yourself can make you a better student. The more you get to know yourself, the more familiar you become with your limits and what you can handle. Instead of stressing when your workload seems to build and build, your newly found faith in yourself enables you to calmly determine what you need to get done and when.

You become more in touch with your body and its needs, so you know when you need a snack or when you need a 15-minute break. Making time for yourself can bring light into those moments when you feel like you don't even know where to start, and in college that feeling may occur more than you might think.

College is the perfect opportunity to

make friends that last a lifetime, and time for yourself can make you a better friend. Friendship is give and take, and you can't give to others unless you've given to yourself first.

In college, friendships can be more demanding than you might usual, which is why it's even more important to take time for yourself to give yourself whatever it is you may be needing. When living, taking classes and spending a majority of your time with your friends, it can be easy to go with the flow and end up feeling drained.

Once you feel that way, you are not your best self. It's important to spend time alone in order to better understand yourself and meet your own needs, and, therefore, can be the best friend you can be.

More than anything, taking time for yourself makes you a better you. If you chose to attend college, you chose to take four years to figure out what you want to do in life and the best ways to do so. In order to know what you want to do in life, you need to know what you care about

Further, in order to know what you care about, you have to know what makes you, well, you. Time for yourself unleashes the creative energy within you, while you are in a place to accept it. It can also give you an incredible sense of self-worth, increas-

“The soul speaks its truth only under quiet, inviting, and trustworthy conditions.”

-Parker J. Palmer

ing the motivation of drive to excel. This is perhaps the most important reason to take time for you.

As a student, solitude can increase your attention, memory and concentration, improving your ability to excel in class. As a friend, solitude can keep you grounded so that you can be the best friend possible, without feeling drained. As a person, the benefits seem endless. Time for you can bring clarity in decision-making, decrease anxiety, and improve energy and sleep. In an environment as demanding as college, time for you can improve every aspect of your life.

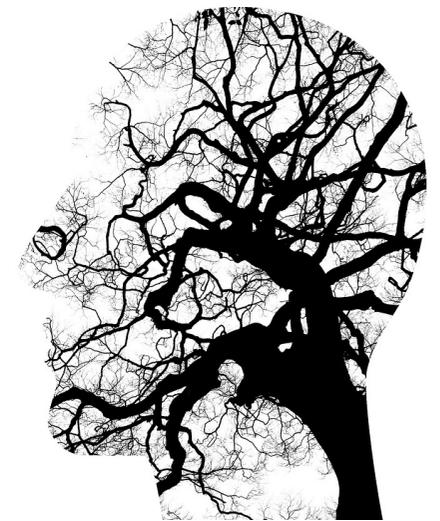


Photo Courtesy of Pixabay

fneditorial

MENTAL HEALTH MATTERS

STOP THE STIGMA AND START OFFERING SUPPORT

Last week, Sept. 12-16, was National Suicide Prevention Week. Inspired by the events hosted by UD Health and Wellness and other movements to talk about mental illness, we want to join the conversation:

Both society and self assign a stigma to mental illness. The manifestation of the stigmatization can lead to those who suffer from mental illness to ignore their needs. “Pushing through” and continuing a “business as usual” attitude when things are not okay is a disservice to the self.

Brushing off the symptoms of mental illness is detrimental to healing and personal growth. When we set expectations too high, for ourselves and others, then we lose what it means to care for ourselves and others.

Engaging in self-care, particularly as the semester has picked up in intensity and the school year is rolling, is necessary.

Taking time to seek help, eat a healthy diet, take medication, rest and develop mindful behaviors is worth it. It is worth it simply because when we make

the space and environment for all people to take the time to walk with each other, we are making it possible to be healthy.

Healthy is not necessarily always happy. Healthy does not equate to smiling when things are not okay. Healthy is being who we are this day, feeling what we feel in this moment, and knowing that that is okay. That is enough.

If we are to exhibit the community that is intrinsically wrapped into the the identity of the University of Dayton, then we need to start treating ourselves

and each other with love, care and understanding.

Instead of placing demands on each other, let's start supporting each other. Let's walk with each other through this semester- and life.

Our A&E editor, Cari Zahn, also adds to the discussion surrounding mental illness which you can check out on the Unwritten Podcast Website.

Campus Canvas: a house of art



Photo courtesy of Sylvia Stahl

KAITLIN GAWKINS
Assistant Online Editor

From the outside, 514 Lowes may look like your average Dayton house: a neatly-kept yard, a funny sheet sign, and a front porch with just enough room for close friends to gather. However, on every third Friday the house will go by a different name and tell a completely different story. Upon entering the house, you will be greeted by a diverse group of students and faculty of the Dayton community, all gathered in a large living room void of any furniture, with artwork covering the walls and music permeating the space, all in the name of a collaborative project called Campus Canvas. Peaked your interest? Read on.

Campus Canvas is a special interest house created by four UD students interested in bringing people together for collaboration in the name of art. As told by their mission statement, the women of 514 Lowes see this endeavor as an opportunity for UD students to expand their horizons and explore their creative side. Their goal is to open up student art to the campus community, creating a space for both visual and performing arts where students can interact and discuss pieces while giving students of all majors the opportunity to share their art and collaborate with other artists.

According to Sylvia Stahl, a resident and soon-to-be-featured artist, "The space is meant to be used as a place for people to gather and share ideas, meet new

friends, and try something new. We want all members of our community to get the chance to come together to de-stress and re-energize."

When asked about their reasoning for the events to be held in the living room, rather than a studio or gallery space, they replied that the goal was to create a comfortable, approachable space for art to be shared and discussed with both fluent artists and people who may have never been to a gallery in their lives. In addition, they wanted a space that would accommodate for people to bring instruments and sound equipment in order to collaborate on music and share that collaboration with others in a non-threatening, causal environment.

Jessica Bullock, a junior psychology major and resident of 514 Lowes, added that the opportunity to bring art to a wider campus community is especially important to her due to the fact that her major doesn't require her to take classes in these fields: "Music and art have always been huge parts of my life, but coming to college as a psychology major made it harder to keep these things in my life."

Bullock takes the lead in all musical endeavors of Campus Canvas, which will include an open mic event after the gallery showing with featured artists and room for anyone to come and perform songs, play instruments, or share spoken word poetry or stand-up comedy.

She also mentioned that the opportunity to create

a collaborative musical experience for others really struck home with her personally: "I didn't have time to join choir or band in college, which I had done in high school, so I would play piano and sing in the Marycrest chapel, but it was usually a solo activity. The transition to college life made me realize how powerful collaborating and harmonizing with other musicians is, and I have talked to many other students who feel the same way."

Mary Guida, another resident and junior art education major, expressed that her connection to Campus Canvas goes hand-in-hand with the work that she is studying and dedicating her life to. "I would love the opportunity to help provide this experience for these students who feel their college experience is missing that artistic aspect," Guida said.

The ladies of 514 are demonstrating what can happen when UD and its students work together to turn another house on the block into something more.

The first event is this coming Friday, the 22nd, from 6-8pm at 514 Lowes. The event will feature artwork by house resident Sylvia Stahl, a senior photography major, followed by performances from Theresa Finan and Caleb Baron. For more details, find @UDCampusCanvas on Facebook and Instagram.

Campus Canvas events will typically be held on every third Friday of the month from 6-8pm at 514 Lowes. All are welcome.

Beyond the beat: Rap as a vital means of communication



NATE SIKORA
Staff Writer

Rap has undoubtedly entered America's mainstream consciousness, capturing the interests of millions who are always anticipating the next new album to drop. Socially speaking, the nearly four-decade-old music genre quickly transitioned from being viewed as a belittled, criticized activity that corrupted the youth to a genre massively consumed for its pleasant, contagious rhythm and lyricism.

It is an improvement that rap is being viewed more as art, which it is, from the socially biased interpretation of it being racially attributed to crime, drugs, poverty, and unintelligence. Although rap has been accepted as a prominent musical genre, there still exists a cultural and social barrier between rap, and its audience that rap has yet to overcome.

Rap came to fruition by young African American men in the 1980s-90s as a vehicle of expression for an underrepresented and ignored portion of society. Rap originated as artistic protest, challenging the status quo of society while revolutionizing linguistics and music in its wake.

Unfortunately, since rap has become a highly profitable enterprise, commercial interests have diluted the original foundations of rap for more mainstream productions that sell to a wider audience. Those who grew up listening to old-style rappers, and those who have delved into the world of rap intensely, typically understand rap's original purpose. However, it is the broader audience lured in by rap's commercialization that has yet recognized the underlying messages present in rap's substance.

The "broader audience" I speak of are those who usually listen to rap only at parties, who know the basic mainstream artists, and enjoy rap more for the beat and rhythm than for the substance and message the music creates. In a more candid light, they are commercial sheep of the music industry. The commercialization of rap has successfully expanded rap's audience, but it comes at the expense of rap's original roots.

Statistically, whites are the largest consumers of rap in the nation. This is ironic because, if one listens to rap's lyrics intensively, a prom-

inent theme within rap's content revolves around criticizing American society and its ever-present racial power dynamic.

On one hand, there are obvious songs like "F*ck the Police" by NWA that directly targeting a specific issue of controversy, and, further, addressing it candidly, making the audience unable to ignore it. On the other hand, other songs may subtly reference the continual struggle of socioeconomically disadvantaged populations without making it the central theme.

Recently, rap artists seem to be leaning toward the former approach of discussing political and social issues. For example, in Joey Bada\$\$'s newest album "ALL-AMERIKKAN BADA\$\$," Chronixx and he address the degradation of the black community by the U.S. government in the album's 10th track, "BABYLON."

The song title is a reference to the ancient Mesopotamian city, which was regarded in the Bible as the city that represents sin, pride and historic oppression. Joey Bada\$\$ utilizes end-verse slant rhyme and metaphorical imagery to get his message across directly in one of the last verses of the song:

"Fifty years later, still see my brothers choked to death/R.I.P Eric Garner, only right I show respect/Nowadays they hangin' us by a different tree/Branches of the government, I can name all three/Judicial, legislative, and executive/Lock your pops away, your moms, then next the kids"

Using the recent tragic death of Eric Garner, an event that gained national media attention, with the metaphor of the U.S. government's three branches of government as "different trees" used to lynch African Americans creates a clear message: the oppression of blacks still exists, and it has morphed forms from blatant lynching to the unchecked authority of the U.S. government.

Rap habitually makes reference to "the system" of state sanctioned oppression. Additionally, the subject "they" is used routinely to define multiple groups of individuals — usually the government, cops, or white people in general. In Common's "Black America Again," he uses the term "plot" and "system" that can be interpreted as the U.S. government and the systematic, racist policies it continues to enforce:

"We kill each other, it's part of the plot/I wish the hating will stop and the battle with us/I know Black Lives Matter, and they matter to us/These are the things we gotta discuss/The new plantation, mass incarceration/Instead of educate, they'd rather convict the kids/As dirty as the water in Flint, the system is"

The message created by both Joey Bada\$\$ and Common is not meant to be enjoyable;

it is meant to get a message across. The message, however, does not seem to be getting across to rap's overall audience.

If one were at a party in the student neighborhood and heard either of these songs playing and distinctly heard these verses, it is reasonable to assume it would not feel enjoyable or relaxing but rather disheartening. This is the side of rap that the mainstream America still ignores.

Rap from politically conscious artists seems to receive less credit and popularity than more mainstream, noncontroversial songs with a strong bass. People just want a good beat to vibe to and enjoy. That is fine and acceptable, but to demand or wish that rappers should stick to creating just beats and rhymes to maintain the audience's innocence from reality is the antithesis of rap entirely.

It is easy to dismiss rap as useless profanity with some entertaining beats and rhymes, but doing so would be a huge disservice (and also demeaning) to rap's poetic genius. Maybe the reason rappers today still rap about trapping, drugs, women, and crime is because all those problems that plagued the lives of rappers and their communities in the 1980s and

1990s still plague those same communities today.

They have been exposing the real problems African Americans face for decades. The issue is that the problems facing black communities have yet to be solved. With African Americans being underrepresented in government and other positions of power, rap has turned into another alternative medium to express their grievances and demand action. We as listeners ought to, well, listen.

Not every rap song has sociopolitical messages in their lyrics, but describing black people's experience in America is the one of, if not the most, prevalent themes in hip hop culture. Rap fluctuates in-between high concept and low concept in its content, where songs can have heavy substance with a core message while others utilize simple rhythms and may not have any meaning at all. The job of the audience is to be active listeners to the music in order to make meaning out of the beat, the rhymes, and the voice of the artist. Exploring rap as an art form, with its different categories and artists, can lead to some insightful revelations about rap as music and as an artistic form of expression.



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WOMEN'S SOCCER

New assistants bring international experience

MEAGHAN MCNICHOL
Staff Writer

More than the season is changing this fall: the University of Dayton Women's Soccer Team welcomes a new coaching staff to the pitch.

Recently hired head coach, Eric Golz, recruited his own coaching staff, and two of his assistants hail from the British Isles.

Assistant coach, Margaret "Mags" Saurin, joined the coaching staff in February 2017, and she is originally from Dublin, Ireland. Saurin works on the technical/tactical development of UD's attacking players.

She has over 14 years of coaching experience at schools like Christian Brothers University, Akron and IPFW. Prior to coming to Dayton, Saurin served as the head coach of Oakland University for three years.

"Getting to work with these girls day-in and day-out is fantastic for me professionally, but also on a personal level these are great women to work with," Saurin said. "They are very driven, passionate, coachable and open to what we're trying to do here so it's an exciting opportunity."

Golz has known Saurin professionally for 15 years. He has always been a fan of her coaching style and has maintained a relationship with her over the years through recruiting circles.

"She's been great at developing playing, at teaching and motivating players through positive relationships, and I think the opportunity to bring her onto our

staff here was one that we simply just couldn't pass up," Golz said.

Dean Ward, technical/tactical assistant coach of development for UD's defending players, also joined the team in February of 2017. Ward is a native of Birmingham, England.

He comes to the Flyers after five seasons with the University of Tennessee women's soccer staff. Prior to Tennessee, Ward worked as the assistant coach for Loyola Marymount and Marymount College in California.

"The people are the biggest reason I came here. The people are passionate, really care and want to make a difference," Ward said.

Ward was recommended to Golz through a mutual colleague. Golz was attracted to the valuable experience Ward gained during his time at Tennessee and his sports science background.

"He brings a lot of energy and passion in his role, and he's really had to grind to climb his way up through the profession. And I've really admired and respected that," Golz said.

Although Saurin and Ward have diverse experience in both coaching and playing the sport, their journey has brought them both to the University of Dayton where they have not only formed a strong bond with their players, but also with each other.

"The way that they work together is inspiring, they really get along, and it makes the environment better for us as a team," said junior midfielder Keagin Collie.

Not only are their personalities a positive asset to the team, but their

coaching styles have influenced the players in a successful way as well.

"There's a lot of individual coaching. At half-time, Mags works a lot with the attacking players," said junior forward Sara Robertson. "She'll come up to me and tell me things I'm doing well or things that I need to change, and, then, I go and try to implement them."

Ward's biggest piece of advice for his players as they progress in their careers is to be passionate.

"I truly feel like I've never worked a day in my life because I get to be on the soccer field every day watching soccer," he said. "So, be passionate about what you do, and if you have that passion, you'll want to be good at it. And, therefore, you'll be on the practice field and working on your game and just getting better."

Saurin advises her players to be true to themselves as they continue their journey not only as a soccer player, but also as an individual.

"Be authentic and be the best version of yourself," Saurin said.

Saurin and Ward have both added to the Flyer family tremendously. Their unique coaching styles and passion for the game are exactly what Golz was looking for when he was crafting a recipe for success in the 2017 season.

He said, "I think the experience that we have all individually have cover a lot of different bases for the players and offer a lot of different insight and advice and help really mold them-help them figure out who they are, what they want, and how they're going to get there."



Margaret Saurin, who hails from Dublin, and Dean Ward, from England, are thrilled to join the Dayton women's soccer staff. Photos courtesy of Dayton Athletics Communications.

NATIONAL FOOTBALL LEAGUE

Writer: Big-name injuries are cause for concern

CONNOR HANSON
Staff Writer

A laundry list of injuries stands out after a dismal week one in the National Football League. With over 20 injuries to big names all throughout the NFL, teams are reeling to find the “next man up” and figure out what went wrong with their players.

Marquee names like David Johnson, Allen Robinson, Danny Woodhead and Kevin White find themselves on the Injured Reserved list, or IR, for their teams.

Injuries are common in every sport, especially in the professional setting as players are competing at the highest level and decisions need to be made in an instant during the play to avoid getting injured. However, rarely do you see this many players go down in one week of action—especially this many high profile stars.

Allen Robinson, torn ACL, and Kevin White, broken collarbone, both find themselves on the wrong end of the IR list as they are both out for the rest of the year. Lucky for the Cardinals and the Ravens, Johnson and Woodhead will hopefully make a comeback before the season is over as they currently are ailing wrist and hamstring injuries, respectively.

For Kevin White, this is his third injury of many over the years, missing his entire rookie season with a shin injury and missing most of his second year with a spiral fibula fracture. Being a seventh overall pick, the Bears are now looking at a serious issue at wide-receiver, since they don't know if he'll ever play to the level they drafted him.

As for David Johnson, a running back, he was coming off an All-NFL performance last year, being in the MVP conversation when the season was at its end. At the end of the 2016 season, Johnson tore

his meniscus, ending his season a game short and delaying his start to the offseason. Now, he sits on the IR for an injury to his wrist. This incredibly durable back for the past two seasons all of the sudden has two injuries to boot in less than 12 months.

Another big-name player, Jacksonville's former Pro Bowl wide receiver, Allen Robinson finds himself on the wrong part of the roster, nursing an ACL tear that will leave him in recovery for the rest of the season and into the offseason. Robinson—just like White—was supposed to be his team's go-to wide receiver, but now he leaves the Jaguars looking to fill a void left in his absence.

Lastly, Danny Woodhead starts his season the same way he ended his last season, on IR, this time with a hamstring injury. Luckily for him and the Ravens, he should be back around the midseason mark to once again help his team. Not as crucial a player as the three listed

above, Woodhead has carved a role for himself on third downs and will be sorely missed as he is one of the best in the business on pass-catching plays out of the backfield.

There could be a number of explanations as to why injuries are happening at such a high frequency right now. One of the commentators during a Sunday game stated that for some of these star players week one is the first time they are playing football at full speed. That might not seem like a big deal, but practices and games are two entirely different tempos, especially as bodies hit the ground.

Another reason for some of these injuries, especially the non-contact injuries, can go back to how the team's strength and conditioning staff prepare the players for the season. Overtraining or undertraining certain parts of the body can lead to imbalance in a player, and hyperextensions or twists can happen easier when

moving at full speed. Those hyperextensions and twists can lead to sprains in a player or even tears like meniscus, ACL, labrum.

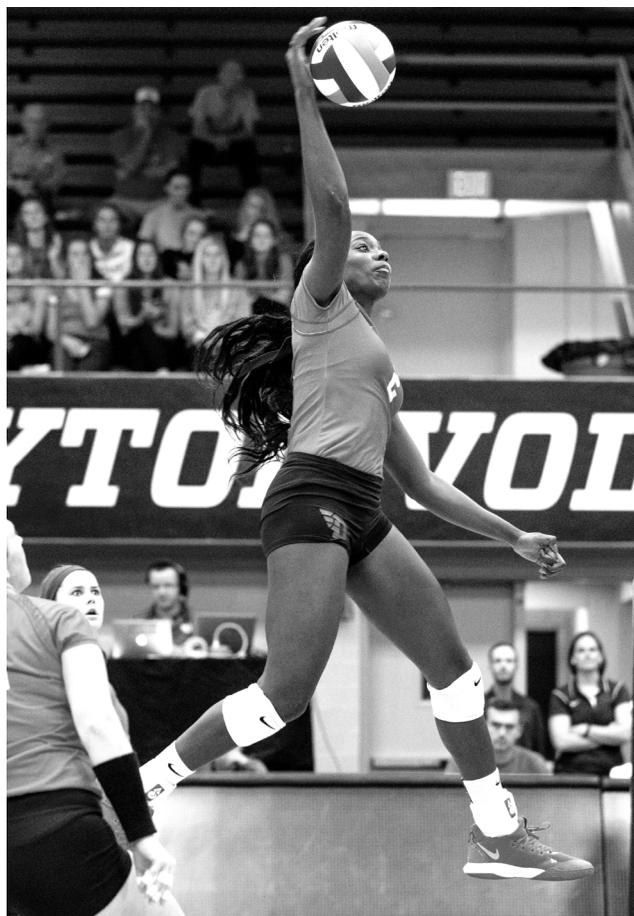
Now you might say, so what? Players get injured all the time, so what's the big deal? The big deal is that for three of these players, this is at least the second time they've suffered a serious injury in a short timespan. That can turn into a big deal as players try and come back too soon or just cannot fully redevelop the injured part of their body.

Luckily, the concussion numbers went down from the 2015 season to the 2016 season, but after seeing the injury numbers from week one, the NFL might have a new issue on their hands. However, hopefully I am wrong and this week stands as an outlier for the rest of the season, but in the off chance I am right, it is sure to be a long season for the NFL, the teams and all the players involved.

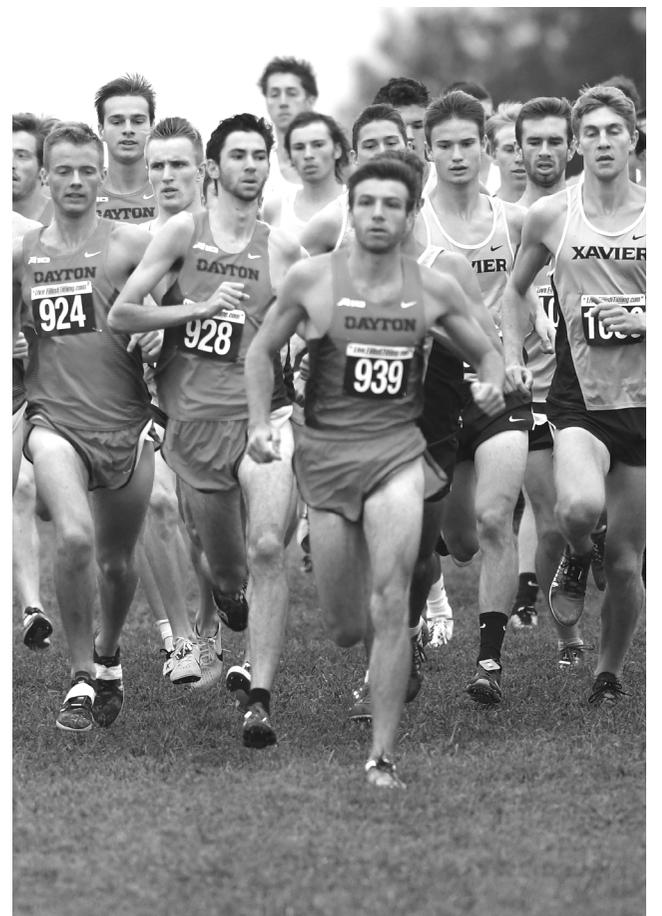
THIS WEEK IN DAYTON FLYERS SPORTS



Redshirt sophomore quarterback Kyle Kaparos has thrown for 3 touchdowns and 343 yards over his 3 starts as of Sept. 16. Photo by Griffin Quinn/Staff Photographer



Senior middle blocker Amber Erhahon set a UD record for hitting percentage in a game with an .867 mark against Seton Hall on Sept. 9. Photo by Christian Cubacub/Multimedia Editor



Junior Chris Negri (front) led all individual finishers at the National Catholic Invitational on Sept. 15, and led the Flyers to their first ever National Catholic Invitational team win. Photo courtesy of Erik Schelkun/Dayton Athletics



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MEN'S SOCCER

Thor and Jonas bring thunder from the north

STEVE BOLTRI
Staff Writer

One of the most important things in college sports is to have a strong recruiting class to start each season. An ideal recruit is not just a building block for the future, but an impact player immediately. Two freshman in particular, Thor Helgason and Jonas Fjeldberg, are already making their presence felt in the Dayton men's soccer's offense.

Interesting enough, they hail from Reykjavik, Iceland and Jessheim, Norway, respectively, adding Nordic suave to the Flyer attack.

Head Coach Dennis Currier is already speaking highly of these two. "It's early in the process, but so far they've shown they have some definite attributes to add to our team," he said. "And it looks like they're going to contribute their first year, and it's always good to get freshman who are going to come in and play right away."

When asked if Helgason and Fjeldberg could potentially be centerpieces for future teams, Currier said, "When you've done this long enough, you start to see the attributes in guys that will be a good foundation for the future. All the teams that have won at a really high level and won championships have always had that class that is a little unique. They have a Thor in there and they have a Jonas in there. So, ultimately, based on history, [Thor and Jonas] have those attributes that could lead to something big."

It's hard to accurately judge how good a recruiting class really is until they've graduated, but it's safe to say that the men's soccer team had a solid offseason in terms of recruiting, bringing in 11 freshmen, led by Helgason and Fjeldberg, giving the team loads of potential for the next four years.

With a very fitting name, Thor stands 6 feet 7 inches and leads the attacking line, playing as the lone striker for the Flyers. He certainly is a scoring threat every game. Fjeldberg, on the other hand, stands a comparatively mere 5 feet 10 inches tall and dazzles on the right wing with fluid foot skills and unmatched quickness. The Nordic duo has started every game but one so far this season, and have



Top: Thor Helgason unleashes a cry after scoring the equalizer in Dayton's opening game.
Bottom: Jonas Fjeldberg corrals the ball like a reindeer on a fjord as the Flyers take on Liberty.
Photos by Steve Miller/Sports Editor

contributed three goals and one assist while also adding a sense of flair and energy to the team.

Especially for overseas players, there is always a transition to college soccer. Talking about acclimating to the American style of soccer, Currier said, "There's a process of adapting and adjusting, and so far they've done well with that"

Despite some differences from home and having to make slight adjustments, the transition to the American-style of soccer has been relatively smooth for Thor and Fjeldberg. Speaking of the players he's faced so far this season, Fjeldberg said, "They have a lot more physical strength, they're

faster, and they're better with the ball."

There aren't many players with more physical strength than Helgason, and he hasn't noticed many differences from the soccer he played in Iceland. He said, "It's not really different from Iceland. It's more just effort put into formation- how a team defends."

Aside from style of play, the Ohio climate, in particular was somewhat of a shock to both players.

Helgason stated, "It took some time to get used to the heat," which forced a smirk and chuckle out of Fjeldberg, who was also present at the time.

Currier has noticed some difficulty for these players with the heat as well. "The weather is always an adjustment, especially coming from Iceland. And it's a lot more humid here than it is in Norway," he said.

According to Currier, the adjustment period has made it difficult see what these guys will bring to the team and the Dayton community off the field.

"They're still adjusting to life here, so it's hard to tell [how they'll contribute off the field]," Currier said. "When we recruit, we try to recruit good human beings. Thor is more extroverted. He's going to be more outward and emotional. He

brings a bite to the team. Jonas is more introverted, and he's going to be that steady guy that leads by example. They'll play a big piece in our community outreach-We project they're going to be involved."

It could be his large stature and having the name "Thor," or possibly his extraversion of which Currier spoke, but it took Helgason less than a full game to become the fan favorite in Dayton, scoring the game-tying goal in the opening match of the regular season.

The Icelandic national team wrote the fairytale story of the 2016 UEFA European Championship, making a shocking run to the quarter finals, only to be beaten by France, who finished runner-up to Portugal. The Icelandic fans trademarked a chant called the "Viking clap", in which fans, in unison, shout "huh" while simultaneously clapping their hands above their heads, and slowly increase in speed until clapping and "huh-ing" reverberate around the stadium.

This chant has since been adopted by the fans of the Minnesota Vikings, and is now commonly used at sporting events. The Flyer fans at Baujan field are the latest to show their Nordic support, but have changed the chant and yell "Thor" instead of "huh".

Fjeldberg and Helgason both thrive on the energy from the crowd at Baujan Field. Fjeldberg said, "I've played in front of so many people before but not in front of so many people making so much noise. It was a great crowd." Helgason seemed almost taken aback and shocked by the fans' enthusiasm when he said, "I can confirm that that was the best crowd I've played for in my entire life. It was unbelievable."

As the season wears on, the fans might become even more passionate and louder if Thor and Jonas continue to produce on the field. Combining these guys with the likes of seniors Alvaro Navarro and Dillon Nino, as well sophomores Rok taneski and Daniel Dos Santos, just to mention a few, very well might prove to be a recipe for one of the most successful seasons in recent history. But off to a somewhat slow start with A-10 conference games looming, Thor and Jonas may just be vital to the team's success this season.